
Geelong 2018

January to June

Introduction to dementia: A good place to start

This session will provide an introduction to dementia types, symptoms and changes that may occur. Also discussed are education and services available to support the person with the diagnosis, family members and friends.

Suitable for: Family and friends of a person who may have a diagnosis of dementia and for the person who has the diagnosis.

Session location, date and time:

Geelong Hub, 318 Pakington Street, Newtown

Wednesday 7 February

6:30pm - 8:30pm

Booking: Bookings are essential, as places are limited.

Go to <https://goo.gl/FFeuKg>, email GeelongAdmin@dementia.org.au or call (03) 5229 6979

Effective communication

The focus of this session is on how dementia changes communication and possible alternate communication strategies which may be helpful. We also explore issues around anxiety and reactive behaviour and how best to support the person with dementia with this.

Suitable for: Family and friends of a person diagnosed with dementia who already have a basic understanding of dementia and who need assistance with effective communication.

Session location, dates and times:

Geelong Hub, 318 Pakington Street, Newtown

Wednesday 7 March

1:00pm - 3:30pm

Booking: Bookings are essential, as places are limited.

Go to <https://goo.gl/h2uTP9>, email GeelongAdmin@dementia.org.au or call (03) 5229 6979

Should you require respite or travel assistance to attend this session please call
Carer Support on 1800 052 222

This program is partially supported by funding from the Commonwealth and Victorian Governments under the CHSP program.

Geelong 2018

January to June

Coping with changes in behaviour

This program deals with some of the changes in behaviour caused by dementia as well as the possible triggers to these behaviours. We teach participants a problem-solving approach which helps carers to understand and better manage these changes.

Suitable for: Family carers who need support coping with changed behaviours.

Session location, date and time:

Geelong Hub, 318 Pakington Street, Newtown

Tuesday 10 April

1:00pm - 3:30pm

Booking: Bookings are essential, as places are limited.

Go to <https://goo.gl/fkaCNY>, email GeelongAdmin@dementia.org.au or call (03) 5229 6979

Considering residential care

In this program, we discuss the often difficult decision of placing a loved one into residential care including the barriers to making this decision. Information is also provided about the residential care system, including the different types of care available as well as the key features of a good facility. Important legal issues are also outlined. The emotional issues regarding the placement of a loved one in residential care are also discussed.

Suitable for: Family carers at the point of considering residential care for their loved one with dementia.

Session location, dates and times:

Geelong Hub, 318 Pakington Street, Newtown

Wednesday 6 June

1:00pm - 3:30pm

Booking: Bookings are essential, as places are limited.

Go to <https://goo.gl/Y5dpQC>, email GeelongAdmin@dementia.org.au or call (03) 5229 6979

Should you require respite or travel assistance to attend this session please call
Carer Support on 1800 052 222

This program is partially supported by funding from the Commonwealth and Victorian Governments under the CHSP program.