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## Warrnambool February 2018

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### Managing the changes

**Learning outcomes:** The aim of this session is to enable carers to better understand the changes caused by dementia and how best to manage these changes as they occur. It also covers the role of effective communication and will introduce a problem solving approach as tool for dealing with these changes.

It is anticipated that participants will have gained a basic understanding of:

- What dementia is
- The effect dementia may have on the behaviour of the person with dementia
- Strategies for effective communication
- Changed behaviours and what might trigger these behaviours
- The problem solving approach as a means to address behaviours of concern
- Coping strategies and support options for carers

**Suitable for:** Family carers who need information & support managing the changes occurring as a result of dementia.

**Session date and time:**

**Monday 26 February**

10:30am

**Venue:** Seniors Room - Archie  
Graham Community Centre  
118 Timor Street, Warrnambool

Respite may be available,  
please enquire at time of  
booking.

**Bookings essential, as places  
are limited:**

please call Jason Kelly  
**0418 352 383**